

			Skaters	Pairs	Quartets	Time	competition	icecleaning	start	end
	Warmup							1.00	13.30	14.30
	Ice preparation							0.20	14.30	14.50
	Warmup solo corsia di riscaldamento e solo atleti di gara							0.10	14.50	15.00
1	Jun D W	300m	11	6		0.01.30	0.09.00		15.00	15.09
2	Jun D M	300m	8	4		0.01.30	0.06.00		15.09	15.15
	Change starter's position							0.06	15.15	15.21
3	MASTER W+M	500m	7		2	0.02.30	0.05.00		15.21	15.26
4	WOMEN	500m	34		9	0.02.00	0.18.00		15.26	15.44
	Ice preparation only competition lanes							0.15	15.44	15.59
5	MEN	500m	49		13	0.02.00	0.26.00		15.59	16.25
6	Jun D W	500m	11		3	0.02.30	0.07.30		16.25	16.32
7	Jun D M	500m	8		2	0.02.30	0.05.00		16.32	16.37
	Ice preparation and change starter's position							0.20	16.37	16.57
8	WOMEN	1000m	27		7	0.02.30	0.17.30		16.57	17.15
9	MEN	1000m	42		11	0.02.30	0.27.30		17.15	17.42
10	MASTER W+M	1000m	5		2	0.03.00	0.06.00		17.42	17.48
	Ice preparation and change starter's position							0.20	17.48	18.08
11	WOMEN	3000m	10		3	0.06.00	0.18.00		18.08	18.26
12	MEN	3000m	8		2	0.05.30	0.11.00		18.26	18.37
13	MASTER W+M	3000m	4		1	0.05.30	0.05.30		18.37	18.43
14	MEN	5000m	4		1	0.08.30	0.08.30		18.43	18.51
Schedule with all reserve										

Fixed Time

CONTROLLO LAME DALLE 17.30 ALLE 18.30 DAVANTI ALL'ASCENSORE AL PIANO TERRA